

## Shree Hanumaan Chaaleesaa

**Mangala moorati maaruta nandana**

You are the embodiment of blessings, Son of the Wind.

**Sakala amangala moola nikandana**

You destroy the root of everything that is inauspicious and harmful.



**Shree Guru charana saroja raja nija manu mukuru sudhaari**

Taking the dust of my Guru's lotus feet to polish the mirror of my heart,

**Baranaun Raghubara bimala jasu jo daayaku phala chaari**

I sing the pure fame of the best of Raghus, which bestows the four fruits of life.

**Buddhi heena tanu jaanike sumiraun pawana kumaara**

I don't know anything, so I remember you, Son of the Wind.

**Bala budhi vidyaa dehu mohin harahu kalesa bikaara**

Grant me strength, intelligence and wisdom and remove my impurities and sorrows.

**Seeyavara Ramchandra pada jai sharanam**

Refuge at the feet of Sita's lord, Ram.

- 1. Jaya Hanumaan gyaana guna saagara, Jaya Kapeesa tihun loka ujaagara**  
Hail Hanuman, ocean of wisdom/Hail Monkey Lord! You light up the three worlds.
- 2. Raama doota atulita bala dhaamaa, Anjani putra Pawanasuta naamaa**  
You are Ram's messenger, the abode of matchless power/ Anjani's son, "Son of the Wind."
- 3. Mahaabeera bikrama bajarangee, Kumati niwaara sumati ke sangee**  
Great hero, you are a mighty thunderbolt/Remover of evil thoughts and companion of the good
- 4. Kanchana barana biraaja subesaa, Kaanana kundala kunchita kesaa**  
Golden hued and splendidly adorned/with heavy earrings and curly locks.
- 5. Haata bajra au dwajaa biraajai, Kaandhe moonja janeu saajai**  
In your hands shine mace and a banner/a sacred thread adorns your shoulder.

6. **Shankara suwana Kesaree nandana, Teja prataapa mahaa jaga bandana**  
You are an incarnation of Shiva and Kesari's son/Your glory is revered throughout the world.
7. **Vidyaawaana gunee ati chaatura, Raama kaaja karibe ko aatura**  
You are the wisest of the wise, virtuous and very clever/ ever eager to do Ram's work.
8. **Prabhu charitra sunibe ko rasiyaa, Raama Lakhana Seetaa mana basiyaa**  
You delight in hearing of the Lord's deeds/ Ram, Lakshman and Sita dwell in your heart.
9. **Sookshma roopa dhari Siyahin dikhaawaa, Bikata roopa dhari Lankaa jaraawaa**  
Assuming a tiny form you appeared to Sita/ in an awesome form you burned Lanka.
10. **Bheema roopa dhari asura sanghaare, Raamachandra ke kaaja sanvaare**  
Taking a dreadful form you slaughtered the demons/completing Lord Ram's work.
11. **Laaya sajeevana Lakhana jiyaaye, Shree Raghubeera harashi ura laaye**  
Bringing the magic herb you revived Lakshman/ Shri Ram embraced you with delight.
12. **Raghupati keenhee bahuta baraaee, tuma mama priya Bharatahi sama bhaaee**  
The Lord of the Raghus praised you greatly/"You are as dear to me as my brother Bharat!"
13. **Sahasa badana tumharo jasa gaawain, asa kahi Shreepati kanta lagaawain**  
Thousands of mouths will sing your fame!"/ So saying Lakshmi's Lord drew you to Himself.
14. **Sanakaadika Brahmaadi muneesaa, Naarada Saarada sahita Aheesaa**  
Sanak and the sages, Brahma, and the munis/ Narada, Saraswati and the King of serpents,
15. **Yama Kubera digapaala jahaante, kabi kobida kahi sake kahaante**  
Yama, Kubera, the guardians of the four quarters/poets and scholars-none can express your glory.
16. **Tuma upakaara Sugreevahin keenhaa, Raama milaaya raaja pada deenhaa**  
You did great service for Sugriva/ bringing him to Ram, you gave him kingship.
17. **Tumharo mantra Vibheeshana maanaa, Lankeshwara bhaye saba jaga jaanaa**  
Vibhishana heeded your counsel/He became the Lord of Lanka, as the whole world knows.
18. **Yuga sahasra yojana para bhaanu, leelyo taahi madhura phala jaanu**  
Though the sun is millions of miles away/ you swallowed it thinking it to be a sweet fruit.
19. **Prabhu mudrikaa meli mukha maaheen, jaladhi laanghi gaye acharaja naaheen**  
Holding the Lord's ring in your mouth/ it's no surprise that you leapt over the ocean.

20. **Durgama kaaja jagata ke jete, sugama anugraha tumhare tete**  
Every difficult task in this world becomes easy by your grace.
21. **Raama duaare tuma rakhawaare, hota na aagyaa binu paisaare**  
You are the guardian at Ram's door/ no one enters without your permission.
22. **Saba sukha lahai tumhaaree sharanaa, tuma rakshaka kaahu ko dara naa**  
Those who take refuge in you find all happiness/ those who you protect know no fear.
23. **Aapana teja samhaaro aapai, teenon loka haanka ten kaanpai**  
You alone can withstand your own splendor/ the three worlds tremble at your roar.
24. **Bhoota pisaacha nikata nahin aawai, Mahaabeera jaba naama sunaawai**  
Ghosts and goblins cannot come near/ Great Hero, when your name is uttered.
25. **Naasai roga hare saba peeraa, japata nirantara Hanumata beeraa**  
All disease and pain is eradicated/ by constantly repeating of your name, brave Hanuman.
26. **Sankata ten Hanumaana churaawai, mana krama bachana dhyaana jo laawai**  
Hanuman, you release from affliction all those/ who remember you in thought word and deed.
27. **Saba para Raama tapaswee raajaa, tina ke kaaja sakala tuma saajaa**  
Ram, the ascetic king, reigns over all/ but you carry out all his work.
28. **Aura manorata jo koe laawai, soee amita jeewana phala paawai**  
One who comes to you with any yearning/ obtains the abundance of the Four Fruits of Life.
29. **Chaaron juga parataapa tumhaaraa, hai parasidha jagata ujiyaaraa**  
Your splendor fills the four ages/ your glory is renowned throughout the world.
30. **Saadhu santa ke tuma rakhawaare, asura nikandana Raama dulaare**  
You are the guardian of saints and sages/ the destroyer of demons and the darling of Ram.
31. **Ashta siddhi nau nidhi ke daataa, asa bara deena Jaanakee Maataa**  
You grant the eight powers and nine treasures/ by the boon you received from Mother Janaki.
32. **Raama rasaayana tumhare paasaa, sadaa raho Raghupati ke daasaa**  
You hold the elixir of Ram's name/ and remain eternally his servant.
33. **Tumhare bhajana Raama ko paawai, janama janama ke dukha bisaraawai**  
Singing your praise, one finds Ram/ and the sorrows of countless lives are destroyed.

34. Anta kaala Raghubara pura jaaee, jahaan janama Hari bhakta kahaee

At death one goes to Ram's own abode/ born there as God's devotee.

35. Aura devataa chitta na dharaee, Hanumata se-ee sarva sukha karaee

Why worship any other deities/ from Hanuman you'll get all happiness.

36. Sankata katai mite saba peeraa, jo sumire Hanumata bala beeraa

All affliction ceases and all pain is removed/ for those who remember the mighty hero, Hanuman.

37. Jai jai jai Hanumaana Gosaaee, kripaa karahu gurudeva kee naaee

Victory, Victory, Victory Lord Hanuman/ bestow your grace on me, as my Guru!

38. Jo sata baara paata kara koee, chootahi bandi mahaa sukha hoee

Whoever recites this a hundred times/ is released from bondage and gains bliss.

39. Jo yaha parai Hanumaana chaaleesaa, hoya siddhi saakhee Gauresaa

One who reads this Hanuman Chalisa/ gains success, as Gauri's Lord (Shiva) is witness.

40. Tulasee Daasa sadaa Hari cheraa, keejai naata hridaya mahaan deraa

Says Tulsi Das, who always remains Hari's servant'/ "Lord, make your home in my heart."

**Pawanatanaya sankata harana mangala moorati roopa**

Son of the Wind, destroyer of sorrow, embodiment of blessings,

**Raama Lakhana Seetaa sahita hridaya basahu sura bhoopa**

With Ram, Lakshman and Sita, LIVE IN MY HEART, King of Gods!

**Seeyavara Ramchandra pada jai sharanam**

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